

The Norwich Christian Meditation Centre presents

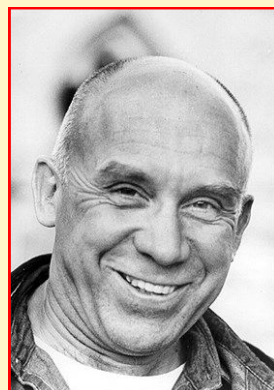
Turning to Thomas Merton As Our Guide in Contemplative Living



A Retreat Experience with James Finley

Friday 19th June 7-9pm &
Saturday 20th June 9am-5pm
St Luke's Church, Norwich

This is the one hundred year anniversary of the birth of the world-renowned Christian monk and author Thomas Merton. In this retreat James Finley, who spent nearly six years with Merton at the Abbey of Gethsemani in Kentucky, will help us explore Merton's trustworthy guidance in the gentle art of contemplative living. Time will be given for brief periods of silent meditation and discussion of the themes presented.



Thomas Merton

About James Finley

James Finley, Ph.D. lived as a monk at the cloistered Trappist monastery of the Abbey of Gethsemani in Kentucky, where Thomas Merton was his spiritual director. James Finley has led retreats and workshops throughout the United States and other countries, attracting men and women from all religious traditions who seek to live a contemplative way of life in the midst of today's busy world. He is one of the core faculty members, along with Cynthia Bourgoet, of the Living School founded by the Franciscan priest Rev. Richard Rohr. This year he has retired as a clinical psychologist in private practice with his wife in Santa Monica, California.

James Finley is the author of: *Merton's Palace of Nowhere*, *The Contemplative Heart* and *Christian Meditation: Experiencing the Presence of God*.

Programme for the retreat

FRIDAY

18.30 Registration and coffee

19.00 An introduction to Thomas Merton
(including short meditation & dialogue)

21.00 Close

SATURDAY

8.30 Registration and coffee

9.00 Turning to Thomas Merton As Our Guide in
Contemplative Living Part 1
(with tea & coffee break)

12.30 Lunch

13.30 Turning to Thomas Merton As Our Guide in
Contemplative Living Part 2
(with tea & coffee break)

17.00 Finish

Themes explored in the retreat include:

- The life of Thomas Merton
- Developing a spiritual world view
- Humility as a path of self-transformation
- The nature and practice of contemplative prayer
- The journey from the false self to the true self
- Social justice and the non-Christian contemplative traditions

In order to gain the fullest experience we would encourage you to attend the whole of the retreat, but if this is not possible for you, each day can be booked separately (see over).

NB Tea, coffee and light refreshments will be provided but lunch will not, so please consider bringing a packed lunch with you for the Saturday event.

Venue:

Friday and Saturday: St Luke's Church,
61 Aylsham Road, Norwich NR3 2HF



Please note: if cancelled before 1st June £25 will be forfeited and after 1st June the full fee will be forfeited.

For more information contact Martin Smith at
gorgoburger@ntlworld.com
or go to www.norwichmeditation.co.uk

Please reserve me a place on James Finley's retreat

Name	
Address	
Phone	
Email	

- I enclose £60 and would like to book for the full event
- I enclose £45 and would like to book for Saturday only
- I enclose £25 and would like to book for Friday evening only
- I would like to apply for a concessionary rate of £40 (students, unemployed, retired or, if other, please give reason)

Send cheque (payable to 'St Augustine's Church') and form to:
James Finley Booking, 61 Aylsham Road, Norwich NR3 2HF